19. $\tan 22.5^{\circ}=\tan \frac{45^{\circ}}{2}=\sqrt{\frac{1-\cos 45^{\circ}}{1+\cos 45^{\circ}}}$

$$
\begin{aligned}
& =\sqrt{\frac{1-\frac{\sqrt{2}}{2}}{1+\frac{\sqrt{2}}{2}}}=\sqrt{\frac{\frac{\partial-\sqrt{2}}{2}}{\frac{\partial+\sqrt{2}}{2}}} \Rightarrow \sqrt{\frac{2-\sqrt{2}}{\partial} \cdot \frac{\partial}{2+\sqrt{2}}} \\
& =\sqrt{\frac{2-\sqrt{2}}{2+\sqrt{2}} \cdot \frac{2-\sqrt{2}}{2-\sqrt{2}}}=\sqrt{\frac{4-2 \sqrt{2}-2 \sqrt{2}+2}{4-2}}=\sqrt{\frac{6-4 \sqrt{2}}{2}} \\
& =\sqrt{3-2 \sqrt{2}} \\
& \sqrt{\frac{(2-\sqrt{2})^{2}}{4-2}}=\frac{\sqrt{(2-\sqrt{2})^{2}}}{\sqrt{2}}=\frac{2-\sqrt{2}}{\sqrt{2}} \cdot \frac{\sqrt{2}}{\sqrt{2}} \\
& \frac{2 \sqrt{2}-2}{2}=\sqrt{2-1}
\end{aligned}
$$

$$
\begin{aligned}
& \text { 30. }(\sin \theta+\cos \theta)^{2}-1=\sin 2 \theta \\
& (\sin \theta+\cos \theta)(\sin \theta+\cos \theta) \\
& \frac{\sin ^{2} \theta+2 \sin \theta \cos \theta+\cos ^{2} \theta}{1+2 \sin \theta \cos \theta-1=}= \\
& 2 \sin \theta \cos \theta=2 \sin \theta \cos \theta
\end{aligned}
$$

28. $\csc 2 \theta=\frac{1}{2} \sec \theta \csc \theta$

$$
\begin{aligned}
& \frac{1}{\sin 2 \theta}=\frac{1}{2} \cdot \frac{1}{\cos \theta} \cdot \frac{1}{\sin \theta} \\
& \frac{1}{2 \sin \theta \cos \theta}=\frac{1}{2 \sin \theta \cos \theta}
\end{aligned}
$$

32. $\sec 2 \theta=\frac{\cos ^{2} \theta+\sin ^{2} \theta}{\cos ^{2} \theta-\sin ^{2} \theta}$

$$
\begin{aligned}
& \frac{1}{\cos 2 \theta}=\frac{1}{\cos ^{2} \theta-\sin ^{2} \theta} \\
& \frac{1}{\cos ^{2} \theta-\sin ^{2} \theta}=\frac{1}{\cos ^{2} \theta-\sin ^{2} \theta}
\end{aligned}
$$

$$
\begin{aligned}
& \sin x=\frac{1}{2} \\
& x=30^{\circ}, 150^{\circ}
\end{aligned}
$$

$$
\tan \theta=-\sqrt{3}
$$

$$
\theta=120^{\circ}, 300^{\circ}
$$

