

31. 
$$1 + \sin 2x = (\sin x + \cos x)^2 (shx + \cos x) (shx + \cos x)$$
  

$$= sh^2 + shx \cos x + shx \cos x + \sin^2 x$$

$$= 5h^2 x + (\cos^2 x + 2shx \cos x)$$

$$= 1 + sh^2 x$$
16.  $\cos \frac{5\pi}{8} = \cos 1/2.5^\circ = \cos \frac{225^\circ}{2}$ 

$$= -\sqrt{\frac{1 + \cos 225^\circ}{2}} = -\sqrt{\frac{2 + \sqrt{2}}{2}}$$

$$= -\sqrt{\frac{2 - \sqrt{2}}{2}} = -\sqrt{\frac{2 - \sqrt{2}}{4}}$$

8. If 
$$\cos^{2} x + 2\sin x - 2 = 0$$
, find the exact value  
of  $\sin x$   
 $|-5h^{2}x + 25hx - 2 = 0$   
 $-|(-5h^{2}x + 25hx - 1 = 0)$   
 $5h^{2}x - 25hx + 1 = 0$   
 $(5hx - 1)(5hx - 1) = 0$   
 $5hx - 1 =$ 

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$$18 \sin x = \frac{3}{5}, 0 < x < \frac{\pi}{2}$$

$$5\ln 2x = 2 \sinh x \cos x$$

$$= 2 \left(\frac{3}{5}\right) \left(\frac{4}{5}\right)$$

$$(3h2x = \frac{24}{25})$$

$$Cos^{2}x = \left(\frac{4}{5}\right)^{2} - \left(\frac{2}{5}\right)^{2}$$

$$Cos^{2}x = \frac{16}{25}$$

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